**STARS ‘N STRIPES INTERNATIONAL SOCCER TOURS – 2022**

361 Cambridge Drive Fairview, TX 75069 Tel - 214-718-9963

Website – [WWW.STARSNSTRIPESSOCCER.COM](http://WWW.STARSNSTRIPESSOCCER.COM) Email – EPuskarich@gmail.com

Dear Stars ‘N Stripes player,

Below is information regarding the upcoming Stars ‘n Stripes Soccer Tour. To register for the tour, please go to [www.StarsnStripesSoccer.com](http://www.StarsnStripesSoccer.com) and follow the registration guidelines.

Lots of information regarding the following are available;

* Sponsorship/Fundraising – great ideas and sample sponsor letters available below
* Itineraries – updated dates, locations, events, etc. -
* Medical history and Dr. Statement of Fitness -
* Staff Information – base of our successes for 34 years has been our quality staff
* Questions and Answers to common questions and concerns -
* Stars ‘n Stripes Philosophy and past achievements -
* Past trips, on the website–great way to get a view on past experiences and learn the Stars ‘n Stripes way

Please be aware that Stars ‘N Stripes is a “Soccer First” organization. Since 1987, Stars ‘N Stripes has provided opportunities for players to achieve their dream of playing soccer internationally. Stars ‘N Stripes is designed to benefit the serious soccer player and is not a vacation tour.

Please review all info and then register online. You will receive a confirmation as well as payment options for the tour.

**Note:** Separate mailers that includes player and parent contracts, updated final itineraries, packing checklist, player information form, and permission to travel with a minor, uniform ordering of additional items, etc., will be sent throughout the coming months.

**ATTENTION ALL PLAYERS**: All information regarding Stars ‘N Stripes soccer tours will be addressed to the players directly. It is the player’s responsibility to be informed and updated regarding the upcoming tour. Stars ‘N Stripes is taking the player on tour, not the parent, so we stress that the player be responsible and accountable with all mailers, information, etc. Stars ‘N Stripes is not only a soccer tour but an experience in which the player will mature and grow both as a player and as a person.

Passport process – Please start the process for applying for your passport. Contact the Post Office for more details. You will need 2 passport photos and a certified copy of a birth certificate. It may take several weeks to process your passport but you may also get it expedited for additional costs. A copy of the Passport page with players info along with the page with the players photo will be requested before departure.

Remember your first step is to review the information carefully and **register online as soon as possible to avoid any increases in tour costs and reserve your space on tour.**

I am looking forward to a great experience. As always, if there are any questions from players or parents, please contact Stars ‘N Stripes at the above information.

Yours in Soccer,

Ed Puskarich

Executive Director, Stars ‘n Stripes International Soccer Tours

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**Stars ‘n Stripes Philosophy and Achievements**

Stars ‘N Stripes, founded in 1987, was established to provide young soccer players who have dedication, desire, and love for the game, the chance to become better soccer players and better people by exposing them to different players, styles, and cultures from around the world. Players who wear the Stars ‘N Stripes uniform return to the States with a deeper understanding of soccer, a deeper appreciation of the unique differences of the world’s cultures, and a deeper pride in their own heritage as Americans.

Stars ‘N Stripes retains only the finest coaches, individuals who have not only excelled in soccer as players themselves, but who all have the unique talent of communicating with young people on a personal basis. Players and coaches develop a close relationship from living, eating, touring, training, and shopping and sightseeing together. Coaches at all times emphasize the importance of behaving with class, both on and off the field. A class which springs from both respect and pride: respect for oneself, one’s opponents, and for the host culture; and pride in one’s teammates and in America, which players and coaches represent with their every action.

Stars ‘N Stripes has visited Italy, including 1990 World Cup games; France, including 1998 World Cup games; Germany, including 2006 World Cup games; Finland, Norway, Holland, Sweden, Denmark, England, Austria, Hungary, Belgium, Iceland, Czech Republic, San Marino, Costa Rica and Australia. Stars ‘N Stripes has always left these nations with the hosts’ praise for the conduct, professionalism, and discipline of everyone associated with Stars ‘N Stripes. Stars ‘N Stripes teams are sought after by dozens of tournaments and have received invitations to compete all over the world.

**Stars ‘N Stripes achievements since 1987**

1. FINALIST – Toulouse cup, France - Boys U-19
2. FINALIST – Kanga cup, Australia - Girls U-19
3. WINNER – Dana Cup B-final, Denmark - Girls U-19
4. FINALIST – Dana Cup I, Denmark - Girls U-14
5. WINNER – Copenhagen Cup, Denmark - Girls U-16
6. WINNER – Hungary Kun Cup, Hungary - Girls U-14
7. WINNER – Hungary Kun Cup, Hungary - Boys U-19

1994 FINALIST – Hungary Kun Cup, Hungary - Girls U-19

1994 FINALIST – Hungary Kun Cup, Hungary - Boys open

1. SEMI-FINALIST – Upper Austria Cup, Austria - Boys U-19
2. SEMI-FINALIST – Gothia Cup, Sweden - Girls U-16

1995 FINALIST – Gothia Cup, B-final, Sweden - Girls U-19

1995 QUARTER-FINALIST – Gothia Cup, Sweden - Girls U-14

1999 FINALIST – Dana Cup I, Denmark - Girls U-18

2000 FINALIST – Gothia Cup, Sweden - Girls U-16

2000 FINALIST – Watford and London festival, England - Boys U-16

2001 WINNER – Denmark Soccer festival, Denmark - Girls U-14

2001 WINNER – Denmark Soccer festival, Denmark - Girls U-18

1. SEMI-FINALIST – Denmark Soccer festival, Denmark - Boys U-16
2. WINNER – Dana Cup B-final, Denmark - Boys U-17

2004 FINALIST - Denmark Soccer Festival - Boys U-16

2004 QUARTER-FINALIST Gothia Cup, Sweden - Girls U-16

2005 QUARTER-FINALIST Dana Cup 1, Denmark - Girls U-13

2005 QUARTER-FINALIST Gothia Cup, Sweden – Girls U-14

2005 SEMI-FINALIST Gothia Cup, Sweden – Girls U-13

2006 FINALIST Dana Cup 1, Denmark - Girls U-13

2007 WINNER Upper Austria Cup, Austria – Girls U-16

2007 FINALIST Upper Austria Cup, Austria – Girls U-14

2007 SEMI-FINALIST Upper Austria Cup, Austria – Boys U-16

2008 WINNER Dana Cup 1, Denmark – Boys U-16

2009 WINNER Cup Denmark, Denmark – Girls U-17

2009 SEMI-FINALIST Cup Denmark, Denmark – Boys U-16

2010 FINALIST Dana Cup 1, Denmark – Girls U14

2010 FINALIST Dana Cup 1, Denmark – Boys U16

2011 FINALIST San Marino Cup – San Marino – Boys U18

2011 FINALIST San Marino Cup – San Marino – Boys U15

2013 QUARTER-FINALIST Dana Cup 2, Denmark – Girls U15

2015 QUARTER-FINALIST Dana Cup 2, Denmark – Boys U17

2015 SEMI-FINALST Dana Cup 2, Denmark – Girls U17

2017 FINALIST Cup Number 1, Denmark – Boys U18

2019 Winner Helsinki Cup – Boys U16

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**Stars ‘n Stripes – Itinerary – Costa Rica 2022**

July 11th -12th - Pre tour camp in Dallas

June 13th – depart for Costa Rica

June 14th – training, water falls excursion at Montezuma Beach

June 15th – friendly game

June 16th – white water rapids excursion, Pacuare River

June 17th – training

June 18th – friendly game

June 19th – training, Beach excursion, Santa Teresa Beach

June 20th – friendly game

June 21st – training, Beach excursion, Jako Beach

July 22nd – friendly game

June 23rd – training, excursion Poas Volcano

June 24th – depart for USA

**Note; itinerary may change a day or two until flights and land fare are confirmed and purchased.**

**Costa Rica Tour - $3095.00**. Includes transfers, meals, custom made Stars 'n Stripes uniform, sweat suit, team bag, merchandise package. Final itineraries will determine departure dates and price. Stars 'n Stripes is neither a vacation tour nor a sightseeing tour. Stars 'n Stripes is for serious soccer players only. Stars ‘n Stripes always includes cultural exchanges and sightseeing – vital to learn about the areas we visit! All players will be carefully screened and must meet Stars 'n Stripes standards.

**Stars ‘n Stripes - Itinerary – Europe 2022**

July 4th – 5th - Pre tour camp in Dallas

July 6th - depart for Europe

July 7th – arrive Copenhagen, Denmark – transfer to Aabybro

July 8th  – training/friendly matches - sightseeing

July 9th – training/friend matches

July 10th – training – transfer to Frederikshavn, Denmark –

July 11th – 16th – Cup 1 in Denmark

July 17th – transfer to Gothenburg, Sweden –

July 18th – 23rd – Gothia Cup

July 24th – transfer to Copenhagen, Denmark – return to USA

**Note; itinerary may change a day or two until flights and land fare are confirmed and purchased.**

**Europe Tour - $4395.00**. Includes transfers, meals, custom made Stars 'n Stripes uniform, sweat suit, team bag, merchandise package. Final itineraries will determine departure dates and price. Stars 'n Stripes is neither a vacation tour nor a sightseeing tour. Stars 'n Stripes is for serious soccer players only. Stars ‘n Stripes always includes cultural exchanges and sightseeing – vital to learn about the areas we visit! All players will be carefully screened and must meet Stars 'n Stripes standards.

**Since 1987, Stars 'n Stripes has traveled the world and visited every nation with pride, discipline, professionalism, and an appreciation for the host culture. Stars 'n Stripes is looking for individuals that can continue to represent both Stars 'n Stripes and the United States of America through the world's greatest sport, Soccer!**

**Parent Program** – A separate supporter’s itinerary will be available for all parents, etc. Please note that parents and supporters will not be allowed to travel or stay at same accommodations as players. For more information on these packages, please contact Stars ‘n Stripes.

**Payment Info**

**Several payment plans are available for Stars ‘n Stripes including online payments. Online payments can be made at** [**www.starsnstripessoccer.com**](http://www.starsnstripessoccer.com)**.** Upon receiving the application, each family will be sent a payment plan and a financial commitment contract.

**References**

**Below are players and parents who have experienced Stars ‘n Stripes**

Dennis and Roxanne Jones 214-460-1881 Paul Russ 972-307-7699

Son Preston Daughter Kaitlin

David and Anne Deery 214- 335-7392 Mike and Shirley Otto 214-929-0419

Sons Matthew and Nicholas Son Jonathan

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**Stars ‘n Stripes - Medical Information**

Dear Parent and Guardian,

Stars ‘n Stripes International Soccer Tours take the supervision and safety of players very seriously. Coaches and trainers are selected not only for their knowledge of the Sport but also for their abilities to use encouragement and discipline in constructive ways.

Stars ‘n Stripes prepares for most medical situations on every tour. Often, a certified athletic trainer accompanies the tour or medical attention is available at each of our locations overseas. In the event a medical situation arises, Stars ‘n Stripes carries proper medical forms such as; medical history, Dr. Statement of physical fitness, players medical insurance, and an authorization to travel with a minor form.

Proper preparation for the upcoming tour is essential for an injury free experience. Parents and players can do their part by following a sensible, nutritional diet for several months prior to the tour. Also, please encourage and oversee that your child is physically fit for the rigors of athletic competition. Countless illnesses and injuries may be avoided if athletes will only heed this advice.

Unfortunately, not all injuries are preventable. When they do occur, it is the athletic trainer and staff coach’s duty to provide immediate first aid, make an assessment of the injury, and where there is a question as to a player’s health due to the injury or illness, and accompany the athlete to local hospitals or Dr.’s offices for appropriate treatment.

In order to provide the best possible care for your child, it is necessary that ALL forms be Completed and Returned to Stars ‘n Stripes by the due dates. This will allow the Stars ‘n Stripes staff enough time to read over the forms and prepare for the tour.

Please complete medical history forms, and Dr. Statement of Physical Fitness. These are available to fill in and submit online on the [www.StarsnStripesSoccer.com](http://www.StarsnStripesSoccer.com) website. Please fill out by the due date.

**Make a copy of your insurance card, front and back, and submit using the website as well.**

Sincerely,

**The Stars ‘n Stripes Staff Information**

Please review our experienced and committed staff on the website. Bios and pictures available as well;

[www.StarsnStripesSoccer.com](http://www.StarsnStripesSoccer.com)

Our success for the past 34 years has been the solid staff of Stars ‘n Stripes who are committed to make sure each and every player has a positive experience that will last a lifetime.

Our Staff offers the following;

Professional Playing Experience

Professional Coaching Experience

College Playing and Coaching Experience

Nutritional guidelines

Personal attention and guideance

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**Stars ‘n Stripes Sponsorship and Fundraising Information**

Stars ‘N Stripes offers each and every athlete an opportunity to travel and chase their dreams regardless of their financial situation. The first step is to register online to reserve your spot on tour. Spaces are on a first come first serve basis. Please review all information and notice a fundraising section that details several avenues to collect funds for the tour. Please note a **letter**, that needs to be personalized, directed at potential sponsors. Feel free to copy these letters. I suggest personal visits to potential sponsors. It is really easy to say no to a letter and much more difficult to refuse a young player in person who demonstrates the passion of international travel to play soccer!

**What is Sponsorship?** Sponsorship means getting someone else to pay part or all of your tour expenses. It is not a loan. It does not have to be paid back. It is a gift, requiring nothing but gratitude.

**Why would anyone want to sponsor you?** All adults were young once, and most had dreams and goals; and most can remember at least one adult who helped them reach those goals, and the gratitude they felt. Now they are in a position to help another young person. You will do the same when you are older.

**Is Sponsorship money tax-deductible?** Gifts to individuals can not be deducted, but money donated to a great cause may be able to be deducted by the individual or the company. Ask the sponsor to check with their accountant.

**How much can you expect from a sponsor?** It is easier to find ten people to give you $10.00 than it is to find one person willing to give you $100.00. Leave the amount up to them, but you might want to suggest what the total amount the trip will cost and how much you are trying to raise. Make a list of 100 people and businesses and write $25.00 next to each name. This might be your goal.

**What should I wear?** Dress sharp and professionally. Try and wear the Stars ‘n Stripes Jersey, its impressive.

**SOME GREAT WAYS TO RAISE MONEY!**

**Merchants** – Go to local stores, shops, and restaurants and ask for sponsorship money. Keep accurate records; was the owner out? Did he ask you to call back later? If so, be sure to follow up. Also, whenever you receive money from a business, it is good policy to send a brief thank you note right away. Another good gesture is to send a photo of you in your Stars ‘N Stripes uniform upon your return from tour.

**Benefit Nights** - Go to your favorite local restaurant and ask if they will hold a benefit night for you, where a certain % of each dinner’s bill will go towards sponsoring your trip. If they agree, make sure you pack the place. Call everyone you know and advertise. Be present at the restaurant on the benefit night and introduce yourself to people who come in. Place a donation box near the cash register with your name and photo on it for additional donations.

**Coupons** – If a merchant or a restaurant cannot sponsor you, ask if they will allow you to distribute coupons advertising a discount at their establishment. Many will be willing; it costs them nothing. It is free advertising, and it brings in customers. Then put together a page or two of coupons, photocopy them, and give them away to anyone willing to sponsor you for a certain amount. For example: if you can get $25 worth of coupons, go door to door in your neighborhood asking for a $5 or $10 donation.

**Raffles** – As with coupons, go door to door selling raffle tickets. Prizes may be donations from local stores, or you can even raffle yourself – two hours of yard work or window washing, etc.

**Thons** – A tremendous amount of money is raised for walk-a-thons, swim-a-thons, etc. You might stage a juggle-a-thon in which you ask people to pledge a certain amount per touch on the ball. This could be a penny, dime, whatever. Then schedule a time to juggle publicly; at a school assembly, a winter carnival, halftime of a game, etc. Give yourself three chances, and count your best. Then be sure to collect your pledges.

**Some helpful suggestions** – Write a letter to your mayor or State Representative. If they can send you an endorsement letter or certificate of congratulations, it might help to show it to potential sponsors. Call local newspapers, radio stations, cable TV stations, etc. A local soccer player going on an international soccer tour is news, and an article written about you might generate sponsorship money.

It is important to realize that you do not have to be wealthy to go on Stars ‘n Stripes. Our players’ greatest tool over the years to raise money has been support from the community, local, and national businesses. You are representing them when you wear the Stars ‘N Stripes uniform, and many businesses are pleased to support you and your goals. Each year we have several players raise 100% of their costs and tour at no expense to them or their families

All sponsor checks should be made payable to Stars ‘N Stripes. Sponsor checks will be accepted until the conclusion of the tour. It may take sponsors time to properly cut the check. Checks are received after full payment is made, a refund will be issued to the player directly. Whatever you decide to do, try and take full responsibility for earning your way overseas. You have earned a spot on the team with your soccer ability. Now see if you can get the money raised on your own. Players who earn their funds for their trip gain far more from the experience than those who have it given to them. Remember; submit your deposit to reserve your space. Good luck!

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**STARS ‘N STRIPES INTERNATIONAL SOCCER TOURS**

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Website – [WWW.STARSNSTRIPESSOCCER.COM](http://WWW.STARSNSTRIPESSOCCER.COM) Email – EPuskarich@gmail.com

Player’s name

Address

City/State/Zip

(Month) (Day), (Year)

It will happen in Summer of 2022 whether you respond to this letter or not. . . . . the Stars ‘n Stripes soccer team will represent the United States with pride in Costa Rica or in the Gothia World Youth Cup in Gothenburg, Sweden ([www.gothiacup.se](http://www.gothiacup.se)), as well as Cup 1 in Frederickshavn, Denmark and other countries. The members of the Stars ‘n Stripes soccer team will exhibit the highest levels of conduct, professionalism, and discipline. I have been extended the opportunity to be a part of this incredible experience as I have been selected to be a member of the Stars ‘n Stripes soccer team.

Stars ‘n Stripes’ mission statement and philosophy reflect the honor that has been bestowed upon me as a member of this prestigious team. Stars ‘n Stripes, founded in 1987, was established to provide young soccer players who have dedication, desire and love for the game, the chance to become better soccer players and better people by exposing them to different players, styles, and cultures from around the world. Players who wear the Stars ‘n Stripes uniform, return to the States with a deeper understanding of soccer, a deeper appreciation of the unique differences of the world’s cultures, and a deeper pride in their own heritage as Americans.

Throughout the years, over 1,000,000 youths from 125 different nations have taken part in the Gothia World Youth Cup. Over 1500 teams participate yearly. The organizers of the Gothia Cup are particularly proud of preserving and developing the fundamental principle of the Gothia Cup, which is the idea that soccer, as a common denominator, helps to bring the youth of the world together.  Encounters that contribute to knowledge, better understanding and respect for cultural diversity. Encounters where topics such as religious diversity and skin color are erased to allow for curiosity and friendship. Encounters that give hope for a better future.

I need your support in many ways in order to have success on this mission. **Most importantly, I need your prayers. Pray for our team and coaches’ safety as we travel overseas. Pray that we represent the United States with pride, always emphasizing the importance of behaving with class, both on and off the field. . . a class which springs from both respect and pride; respect for oneself, one’s opponents, and for the host culture, and pride in one’s teammates and in America, which players and coaches represent with their every action. Pray for my family that I am leaving behind (especially my mother as I’ve never been away from her for this long, and she’s extremely nervous about me traveling overseas).**

**In addition to your prayers, please consider the financial participation you can have in this trip. The total cost of my trip which includes my travel expenses, lodging, food, airfare, Stars ‘n Stripes uniform, training and traveling to other countries in Costa Rica and Europe and in the Gothia World Youth Soccer Cup in Sweden is between $3095 and $4,395. I have personally committed to earning a good portion of this through various part-time jobs. Your gift of any amount will be greatly appreciated.**

**To make it easier for you to see exactly what you are sponsoring, I’ve broken down the cost into various levels of sponsorship. Based on the days I will be abroad, please consider sponsoring me for a game, training camp, a half day or a full day.**

**When you send your sponsorship, please make all checks payable to Stars ‘n Stripes, and then send it to us in the enclosed envelope by June 1st. I hope that you are as excited about sponsoring me as my teammates and I are about representing the USA in this prestigious soccer tour.**

**Thank you in advance for your prayers and financial support.**

**Sincerely,**

**Players Name –**

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**STARS ‘N STRIPES INTERNATIONAL SOCCER TOURS**

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Website – [WWW.STARSNSTRIPESSOCCER.COM](http://WWW.STARSNSTRIPESSOCCER.COM) Email – EPuskarich@gmail.com

**Stars ‘N Stripes - International Soccer Tour**

**June 13-24 in Costa Rica July 6-24 in Europe**

**Yes, (Players name) count on me for:**

**\_\_\_\_\_\_ $69 Training Session Sponsor–Training sessions throughout the trip allow our team to grow and develop as we prepare for our international games.**

**\_\_\_\_\_\_ $99 Game Sponsor–Sponsor one or more of the potential soccer games I’ll play in against foreign teams and in front of potential scouts and coaches.**

**\_\_\_\_\_\_ $99 Half Day Sponsor–The half day YOU commit to sponsor could be the day I accomplish my dream and score a goal in Costa Rica or Europe!**

**\_\_\_\_\_\_ $199 Full Day Sponsor - Will it be the Opening Ceremonies of the World Youth Cup in Sweden, a day of training in Costa Rica, or the finals of the Cup that you sponsor?**

**\_\_\_\_\_\_ $499 Transfer Sponsor – Sponsor me as we transfer on a ferry across the North Sea, or transfer along the Danish and Swedish countryside or trek around the rainforest of Costa Rica.**

**\_\_\_\_\_\_ $1500 Week Sponsor – Sponsor a week of training camp and games in Costa Rica, Denmark, or Sweden.**

**\_\_\_\_\_ $3095 Full Tour Sponsor – Sponsor the entire tour, including training camp, games, and free days in Costa Rica.**

**\_\_\_\_\_** **$4395 Full Tour Sponsor – Sponsor the entire tour, including training camp, tournament games, and free days in Denmark, and Sweden.**

**\_\_\_\_\_\_ $\_\_\_\_\_\_\_\_ Other amount of your choice**

**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**City \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ State\_\_\_\_\_\_\_\_\_ Zip code\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Phone number \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Thank you for your support. Please make your check payable to Stars ‘N Stripes. Please mail your sponsorship in the enclosed envelope to:**

**Stars ‘N Stripes**

**361 Cambridge Drive**

**Fairview, TX 75069**

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**STARS ‘N STRIPES – QUESTIONS AND ANSWERS**

1. **How does Stars ‘n Stripes differ from other tour companies?** SNS is a serious soccer tour company that is a soccer tour first. We train and coach our players as if there were professional players. Our level of discipline and structure separates us from all other tour companies. Although sightseeing and cultural exchanges are part of our tour, soccer is first with SNS.
2. **Where do players come from for Stars ‘n Stripes?** SNS is comprised of dozens of staff coaches who are located all around the US, as well as Europe. This list includes college coaches, high school coaches, professional coaches, and top club coaches. These coaches constantly keep an eye out for those gifted and committed players who will benefit from our program. We also gather players from word of mouth, past player’s experiences, and some local tryouts. All players must be a select level player or higher to attend a SNS tour.
3. **Are parents allowed on SNS tour?** Part of our successes of SNS has been our ability to have our players grow and mature without a parent to guide them. Parents are welcome to attend with one of our supporters package, but parents will not stay at same accommodations, travel same flights, etc. as the tour.
4. **How much success have the fundraisers been for those families who decide to fundraise?** On the average, every player who attempts to fundraise has earned half of their tour fees. Each year we have players who earn their entire tour fee plus spending money.
5. **How much spending money should players bring?** We recommend around $300-$400 for each family. Most of this will go towards snacks, soccer gear, souvenirs, etc. We will have all players bring certain denominations in the currencies of the country visited.
6. **How can parents and friends follow the tour from the states?** A daily journal will be posted on the Stars ‘n Stripes website with details of each day’s events, highlights and lowlights, and general information. Furthermore, a tour video will be given to each player that details their entire tour. Please review some past tours on [www.starsnstripessoccer.com](http://www.starsnstripessoccer.com).
7. **What is match analysis?** Match analysis is a method that the coaches will use to teach the players different ways to look at games, opponents, strategies, etc. We will teach the players to recognize different types of pressure, make adjustments, and add their own input. Match analysis helps the player improve by watching high level games. This will translate into their own game.
8. **How much discipline is there on tour?** The past successes of our tours can be directly related to our tour discipline. We don’t allow swearing, alcohol, tobacco, drugs, body piercing, and general unprofessional misconduct. Generally, our rules are extensions of parent’s rules. Punishments range from game suspensions to expulsion from tour. SNS has benefited players since 1987 because we offer an opportunity for those players who strive to improve. Selecting these quality individuals and working with them closely is what makes our tours so unique.
9. **How many players go on tour?** Sns will take anywhere from 2-8 teams per tour, depending on the level and commitment of the players involved as well as the tour itinerary. Players may play as many as 20 games in a three week period as well as training, sightseeing, etc. We try and maintain team rosters to be around 13 players so playing time is not a problem.
10. **What is the medical situation like on tour?** An attempt will be made to take a certified trainer that travels with us the entire program. The trainer will be in charge of all medical situations and monitors them closely. If a situation requires a trip to the hospital, the trainer and one of the coaches will accompany the player as well as contact their parent. The tournaments that SnS competes in are usually staffed with trainers and medical doctors and immediately medical care and treatment is usually provided for on site at these events.
11. **Can players recommend friends and players to the program?** Yes, sometimes our biggest asset is our existing players who have already been chosen for some of their special qualities. Good people attract good people and we will screen all players who apply on tour. Please keep in mind that Sns is for serious soccer players only.

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